



## JULY PRAYER RESOURCE

Please use this sheet at home and join us at our Rhythm of Prayer sessions:  
Monday 9.00am, Wednesday 12 noon, Thursday 9.00pm, Saturday 9.30am.

*"It is you who light my lamp: the Lord my God lightens my darkness..."*  
*Psalms 18 v.28*

This month we are asked to pray for **CAP - Christians Against Poverty**- and the vitally important support their volunteers give to people with financial problems that can be so draining and lead to desperation and despair.

### CAP

God has given a 21st Century answer to some of the most pressing social needs within society today, debt, dependencies and joblessness. Jesus met people's needs with love, compassion and practical help.

CAP's desire is simply to do the same and watch the miracles unfold.

Poverty takes many forms - financial, relational, emotional and spiritual. Poverty completely robs people of hope. It tears families apart, affects physical and mental health, and makes the world feel relentlessly dark. But when CAP walks in, hope walks in!

Please pray for this amazing, God inspired ministry.

We are about to start advertising for the next Release Group (now renamed Fresh Start). Fresh Start groups are small communities of people that provide a safe, confidential place for people to get help with their dependency.

With the support of other people who understand what they are going through, the group will help them to tackle their dependency head-on through sessions that have been inspired by the Twelve Steps of Recovery. Fresh Start helps people to deal with the root cause of their dependency so that they can break free and stay free.

### Young People

This month sees the end of term for all our young people from toddlers to graduating students.

Many of them will be anxiously waiting for exam results and many more will be anticipating changing schools or leaving home for the first time in the autumn.

Let us pray for their safety over the holidays and their happiness with family and friends. Whether we are parents, aunts, uncles, godparents or grandparents we can pray for our own young relatives and all the young in our Church family.

May your prayers lighten the darkness and fan sparks into flames!

### Church activities in July

Please hold in your prayers:

**Summer Barbecue, July 22<sup>nd</sup>** – that this is a great time of fellowship and celebration for the church family and friends

**Who Cares?** – as our series draws to a close, pray particularly for any who have been deeply moved by the talks or for those who didn't pluck up the courage to come along

**LyCiG** – pray that the time we've spent discussing the ideas around Leading your Church into Growth will prove fruitful

**Alpha (Away day is 14<sup>th</sup> July)** – for those who are participating and leading the course this term and particularly that the Holy Spirit away day will be a blessing to all

**Summer Church** – as we finalise plans for Family Worship during the summer, pray that all those with us, visiting or away on holiday will have a peaceful and enriching summer